



TALES from the DOGHOUSE

Upcoming Events

Saturday, Sept. 1

Volleyball at Old Westbury (Tri-match)
Soccer at Ramapo Tournament

Wednesday, Sept. 5

Soccer at New Jersey City - 4 p.m.

Thursday, Sept. 6

Women's Tennis at NYC Tech - 3:30 p.m.

Saturday, Sept. 8

Soccer at St. Joe's-Patchogue Tournament
Women's Tennis vs. William Paterson - 1 p.m.
Volleyball at SUNY Purchase - 3 p.m.

Sunday, Sept. 9

Cross Country at Baruch - 10 a.m.
Soccer at St. Joe's-Patchogue Tournament

Tuesday, Sept. 11

Women's Tennis at Brooklyn - 4 p.m.
Women's Volleyball at Maritime - 7 p.m.

Wednesday, Sept. 12

Soccer at Baruch - 8 p.m.

Thursday, Sept. 13

Volleyball at Western Conn. State - 7 p.m.

Friday, Sept. 14

Women's Tennis vs. St. Joe's-Patchogue - 4 p.m.

Saturday, Sept. 15

Cross Country at NYU Invitational - 9 a.m.
Volleyball at CUNY Multi-match

Monday, Sept. 17

Soccer @ Montclair State - 4 p.m.
Women's Tennis vs. Rutgers-Newark - 4 p.m.

Tuesday, Sept. 18

Volleyball at Hunter - 6 p.m.

Wednesday, Sept. 19

Soccer vs. Brooklyn - 6 p.m.

Thursday, Sept. 20

Volleyball at Mount St. Mary's - 6:30 p.m.

Friday, Sept. 21

Women's Tennis vs. Baruch - 3:30 p.m.

Saturday, Sept. 22

Volleyball at Centenary Tri-match
Cross Country at Bard - 9 a.m.

Monday, Sept. 24

Soccer at Mount St. Vincent's - 4 p.m.
Women's Tennis vs. Medgar Evers - 4 p.m.

Tuesday, Sept. 25

Women's Tennis at CCNY - 4 p.m.
Volleyball vs. NYC Tech - 6 p.m.

Wednesday, Sept. 26

Soccer vs. FDU-Madison - 6 p.m.

Thursday, Sept. 27

Volleyball at New Jersey City - 7 p.m.

Friday, Sept. 28

Women's Tennis vs. Lehman - 3:30 p.m.

Saturday, Sept. 29

Volleyball at Kean Tri-match
Soccer vs. CCNY - noon
Women's Tennis at Manhattanville - 1 p.m.

Sunday, Sept. 30

Cross Country at Lehman - 10 a.m.

Bloodhounds Ready for Start of Fall Season



The women's cross country program will be ready to roll this season. After a fifth place showing in the CUNYAC after a rebuilding year last season, the Bloodhounds will put their best foot forward in the quest for the gold in '07. "The women's cross country team will be much improved," said head coach Tony Phillips. "Last year I think the team showed promise and we have a good number of returners who will be a year better this season."

Last season the men's cross country team took home the gold, finishing first out of nine schools in the CUNY-AC championship. But this season, the Bloodhounds are out to prove that last season's success was no fluke. With three of last season's top five runners back this season, along with a key transfer, John Jay will be expected to be at or near the top again. "I think we'll have a good team again this season," said Phillips. "The guys are excited about defending the title and that only motivates them to work even harder."

The men's soccer team will have key momentum going in to the 2007 season. In 2006, after finishing eighth in conference regular season play, the Bloodhounds

(cont. page 2)

John Jay Spreads Goodwill to Italy



For two weeks during this past summer it was a time for touring and baseball as several members of the John Jay athletics department including former baseball players James DeCesare and John Dobkowski, spent two weeks in Italy for the Goodwill Tour, which was sponsored by the City University of New York (CUNY).

The tour members, which included two players from each CUNY institution that sponsors baseball, spent 12 days in the European country where they toured various cities including Rome, Florence, Parma, and Venice, conducted baseball clinics for children, and played four exhibition games against Italian league teams.

"It was an amazing trip," said Dob-

kowski, who just closed out his pitching career at John Jay this past spring having posted a school record 30 career wins. "To be able to see all the history of Italy, play the game of baseball, teach the youth of Italy about baseball and enjoy it with a group that you love to be around was amazing."

The players conducted clinics for children in each city they stayed in teaching hitting, pitching, catching, fielding, and throwing to Italy's future generation. In competition the team went 3-1 in the four exhibition games, winning the first three before losing its final match. The crew defeated teams from Rome, Nettuno, and Florence, before falling to Parma, the 2006 Italian League Champions, 1-0.

Bloodhounds Help Dreamers Dream

Several John Jay coaches and student-athletes came through in a heroic way this summer. For four Thursday afternoons this past July, coaches and student-athletes from the softball, tennis, women's basketball and women's volleyball teams contributed their time in conducting sports drills for "I Have a Dream" DeHostos Wise, a local charity on the Upper West Side of Manhattan. Each Thursday approximately 20 children visited John Jay for two hours participating in the select sports offered.



Head tennis coaches Amy Rowland and Odessa Simms teach tennis skills to the Dreamers.



(from page 1)

challenged the conference title. John Jay defeated No. 1 seed CCNY in the opening round of the conference tournament before putting York College away in the semifinals to earn a trip to the conference championship. Despite losing 1-0 in the championship, there is no doubt that second year head coach Stavros Zomopoulos would like to see a repeat of last season's playoff magic. And this season they should, as there is plenty of returning talent from last season's Cinderella story. "We have made a step forward with the quality and preparation of our team this year," said Zomopoulos. "And although we are still very young we have more senior leadership and should be competitive every time out."

The women's tennis season is yet to get underway, but this off-season the Bloodhounds made some noise, giving the controls to a familiar face. Odessa Simms, who has served as assistant coach the past two seasons, was hired as the interim head coach for the 2007 season. Simms will be taking a familiar team that has a slew of talent to help the Bloodhounds maintain their spot in the highly competitive CUNYAC. Over the past two seasons the Bloodhounds have gone 7-7 twice and earned back-to-back third place finishes in the CUNYAC.

The women's volleyball team is looking to grow in leaps and bounds this season. Last season head coach Lenore Donovan took over the program with just over a month remaining until the start of the season, and the Bloodhounds finished 7-23, picking up a sixth place finish in CUNYAC. Now with her first recruiting class on board with a sprinkle of key returners from last season's crew, the Bloodhounds are primed for a run to the top of the CUNYAC. "We should definitely be better than last year," said Donovan. "The team chemistry will be much better this season."

Credits

Tales from the Doghouse is produced by the John Jay College of Criminal Justice Department of Physical Education and Athletics. This production is designed and edited by Laura Drazdowski, Assistant Athletics Director of Marketing & Promotions. All articles written by Michael Damon, Sports Information Director. Photographs by Michael Damon and Richard Formica.

The Coach's Corner Q&A with Coach Donovan, Head Coach of Volleyball



Coach Lenore Donovan will be entering her second year with the Bloodhounds this season. A former Division I athlete, Lenore played at Long Island University for two years (1996-97) after playing one year at Sullivan Community College (1993) and Rockland Community College (1995). She also spent four years as assistant coach at Monroe College (2003-06) before arriving at John Jay.

How did you become interested in volleyball? I always enjoyed playing it as a young kid whether it was in P.E. class, at family barbecues or my mom's company picnics. I was moved to a new school district in 8th grade and decided it would be a good way to make friends and continue to compete in sports, since baseball was no longer an option.

What is your favorite thing about volleyball? There are many aspects to the game that excite me, but one that I can appreciate as both a coach and a player is when a team really works well together as a unit. It is really a beautiful thing to watch if you understand the game, six people working and moving synchronously for an entire game. When a difficult play is executed correctly, to the untrained eye looks very simple, but the intricacies and complexity are amazing. I enjoy the mental aspects of the sport just as much as the physical.

What is your favorite thing about coaching volleyball at John Jay? Having competed and worked for a number of different school athletic departments, I believe that each institution creates a certain family within that community. After being involved for a full year now and entering a second season, I am enjoying the challenge of trying to foster that sense of family among my team and combining it with the entire department at John Jay. The relationships that athletes build with each other and their coaches' make all the hard work and effort they put in on a daily basis much more rewarding and fulfilling. Being a part of this upcoming trend at John Jay will be very exciting over the next few seasons.

What are your expectations for 2007? My returning players this fall have put in a lot of work in the off season improving skills and building the bonds necessary to be able to work as a unit on the court. Combined with a good number of recruits that have the volleyball skills, but perhaps more important the knowledge to be able to compete on the college level, I see a desire and focus in my team that will hopefully translate into success. I predict a much better finish in the CUNY conference as well as continuing our trend of winning more non-conference matches than past teams at John Jay.